

Class Takes Brecksville One Step Beyond

by Hollie Mondok

For years, the Western Reserve has provided for those who seek to explore nature and wildlife, but what about those who wish to explore things out of that realm, or even out of this dimension?

It is lucky for those Brecksvillians that Lorraine Scott is coming to town.

The accomplished medium will teach the class "Exploring the Paranormal" at the Brecksville Human Services Center Thursday mornings from April 17 through May 8.

Scott said she will use visual, audio and hands-on techniques to cover the psychology of earthbound spirits, including what

ghosts are and reasons why they are here; spiritual energy patterns, including orbs, ectoplasms, vortices, poltergeists and apparitions; ghost hunting equipment and usage; instructions, standards and protocols in



Lorraine Scott. Photo by D. Jansik

conducting a successful paranormal investigation; field investigation sites such as cemeteries, houses and battle fields; ghost photography techniques and equipment; ghost photograph analysis techniques used to recognize valid paranormal anomalies from the non-paranormal photographic flaws; and recording and analyzing electronic voice phenomena.

"I actually take my students out in the field to do a paranormal investigation in the teaching of this class."

Part of the Road Scholar Program, this class is offered in partnership with Cuyahoga Community College for \$40 per student.

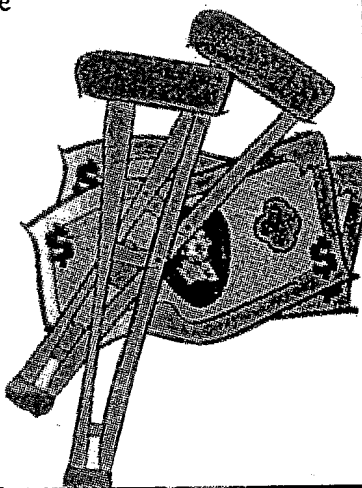
Scott grew up in Maple Heights where her parents and grandparents owned a business. She graduated from Maple Heights High School in 1965 and went on to earn a bachelor's degree in business administration from Dyke College in Cleveland.

Scott said she is a natural-born medium and healer. "I've been seeing ghosts or

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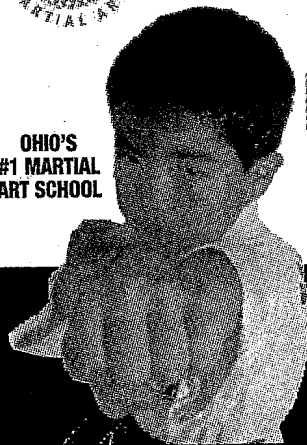


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spirits since I was around three years old. I have one son who has the exact gifts that I do. He supports what I do, but currently does not use his gifts in any way."

She added that her mother was also born with the same abilities.

"A medium provides evidence of survival of the human personality or the physical state we call death," Scott explained. "He or she is the link between the two worlds, communicating with people who have died, through mind-to-mind contact. Mediums are not fortunetellers but are communicators with those who have passed on." She said she possesses all three mental mediumships: clairvoyance, seeing spirits; clairaudience, hearing spirits; and clairsentience, sensing the presence and thoughts of spirits.

A former retail business owner, Scott changed careers when she emailed Cuyahoga Community College about teaching a ghost-hunting course for their

ENCORE program.

"I sent an e-mail to Tri-C explaining about my gifts and talents and told them what I wanted to teach," she said. "To my surprise, they called me back in less than a minute after I sent the e-mail to tell me they were interested. At first I wasn't sure how the course would be accepted by the community. However, the first class I taught consisted of 28 students. I have been teaching it now on three campuses

of Tri-C for the last two years."

If Scott's local paranormal experiences are any indication, the class may prove popular in Brecksville as well.

"In Brecksville, I have had tremendous amounts of paranormal experiences in the old Robert Breck House, which currently houses Merrill Lynch and All Travel Agency," Scott said. "Three [members] of the Breck family died in that house and,

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Class continued

to this day, in a paranormal way, reside there. Plus the house was used at one time as a morgue. The bodies from 40 victims of the 1918 flu epidemic were stored in the basement during the winter months until they could be buried. This house was also used as a doctor's office in the early 1900s."

She said she has also had paranormal experiences in other private residences in Brecksville, and more than 300 others all over the world. She plans to write a book about some in the future.

Brecksville resident Joan Antrobus regularly attends Scott's lectures. "I enjoy going to her classes," she said. "She is good at what she does and she is dedicated."

Antrobus, who has joined Scott on ghost hunts, said her interest in the paranormal was spurred by her own psychic abilities.

"I go to her classes because of the things I've experienced," she said.

These events included knowing a seemingly healthy man she just met would die soon. He died 10 days later. She also said she knew she was about to be involved in an accident from the moment she stepped onto a bus, and it soon occurred.

"It was awful," she said of her premonition abilities. "I didn't like it at all. I tried to get rid of it; I just kept telling it to bugger off."

Originally from England, Antrobus saw her first ghost there - a little girl in a party dress who caused her neighbor significant distress when she appeared sitting on the window ledge.

After moving to Brecksville, Antrobus admitted to having experienced unex-

plainable phenomenon in her house, including the appearance of unexplained layers of smoke that had no odor in her bedroom and the smell of smoking tobacco in the hallway.

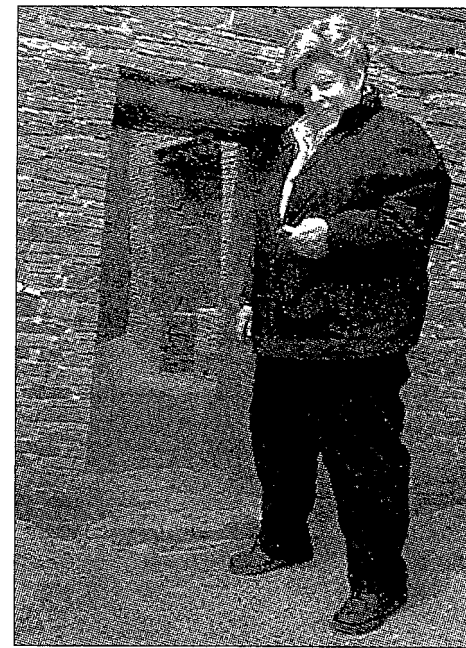
"Lorraine came over and said there was a man who had taken up residence in my home and said it was his house," Antrobus said. "Nothing more has happened since Lorraine came here."

Although Scott said everything she has experienced has been amazing, one particularly unique encounter was with Queen Elizabeth I while visiting England with Antrobus.

"I met Queen Elizabeth I in a church where I saw her with my own eyes floating just above the kneeling cushions that were located at the altar," Scott explained. "She asked me where her children were, and since I didn't know at the time who I was talking to, I told her I didn't know. I then asked her what her Christian name was and recorded on my tape player you hear her say, 'Elizabeth Ann.'"

"As she was standing right in front of me I started to describe to my friend Joan what the woman looked like and what she was wearing. She had on a crown. I noted her beautiful dress and how white her skin was. Later on I found out that the powder she used to make her face white was what actually killed her. It wasn't known at the time, but that type of powder contained arsenic. Arsenic poisoning is what she is said to have died from."

Scott said she has also met a bevy of other celebrity spirits, including George Harrison; Jesse and Frank James; Theodore Roosevelt; Abraham Lincoln; Rutherford B. Hayes; William McKinley;



Lorraine Scott visited Chaco Canyon in New Mexico, a 2,000-year-old spiritual place for the Native Americans. The first time Scott went there she felt welcomed by the spirits. The last time she was there she went into one of the little rooms just to feel the energy and to see if she and her companion could record some voices on a tape recorder (EVP or Electronic Voice Phenomena). She reported that three ghost shamans worked with her to provide a healing on her companion who was not feeling well that day.

James A. Garfield; Jim Morrison; Davey Crockett; Daniel Boone and Black Bart.

The Seven Hills resident is listed on more than a dozen Who's Who lists, including *Who's Who in America* and *Who's Who Among American Women*. Her career takes her across the country and throughout Europe.

Baker's

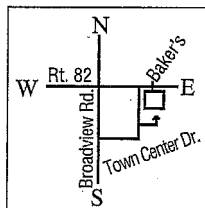
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As a healer, Scott practices the following: past life regression, using deep breathing to work through negative situations; birthing therapy using breath work to open the chakras to clear negative blocking energy; progression therapy enabling one to experience the future; hands-on healing, which can be performed long distance to correct energy imbalances; medium communication to heal on both levels, resolving issues and helping the healing; and shamanism, journeying to other worlds to connect with power animals and teachers who aid in the retrieval of one's soul parts.

"I've noticed that people are becoming more and more receptive to what I do as a medium," she said. "Mostly, everyone will tell you either a personal ghost experience or that of a friend or relative. A lot of people don't understand that we do live on after we have left this world. We just exist in a different energy form."

Although she does not advertise, it didn't take long for people in metaphysical circles to know the name of Lorraine Scott.

"Word of mouth is my best advertising and that is how I get my clients," she explained.

It is her natural abilities, though, that make Scott known in the spirit world. "I have a powerful gift which gives me the ability to call in any spirit at any time I want to and they can contact me at any time they want," Scott said.

She said a spirit encounter can last just a split second or up to 90 minutes. "They control how long they want to communicate," she said. "I always have an entourage following me around; however, I do not consider this a bad thing as I always have someone to talk too," she laughed. "The one thing in my life that it does disrupt is my sleep. They usually bother me the most while I am sleeping. They feel this is a good time for them to have my complete attention. Some nights I only get about 30 to three hours of sleep."

Scott explained that ghost hunting consists of going on site to a house, building and, or contacting a loved one.

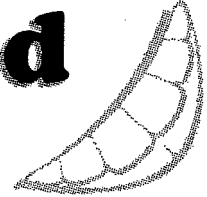
"I take with me at least one or more people to help me document the investigation," she said. "I personally do the recording of the voices. I also use my medium skills as I'm conducting the investigation. I personally attract ghosts because of my high vibration of

energy. My friends call me the Ghost Magnet."

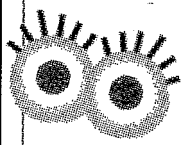
Scott is an avid golfer and has acted as

an executive director for 27 years for the National Fraternity of Phi Gamma Nu a national professional business fraternity.

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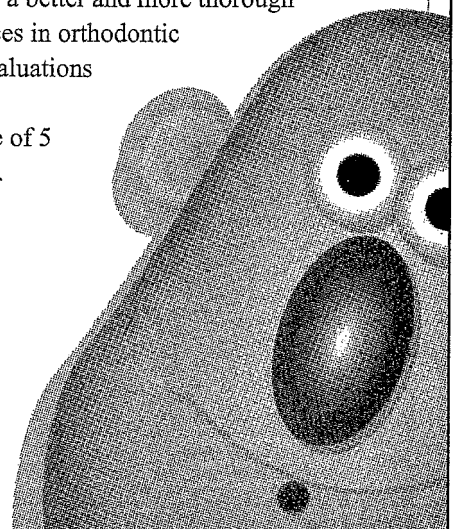
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